

Lady Blue Eagles Fundamental Basketball Camp

Monday, June 24– Thursday, June 27, 2019

For Girls Grades 2 – 9 (as of September 1, 2019)



The Lady Blue Eagles' Fundamental Basketball Camp is designed to make each participant a better basketball player. The Camp will teach all aspects of the game through a series of fundamental instructions, individual competitions, (i.e., 1-on-1 and 3-on-3), and team competitions. Each player will get individual attention yet learn how to be in a team setting during full-court scrimmage games.

Practice time is only beneficial if a player practices the correct fundamentals. The game's tactics and techniques will be taught in a positive learning environment, which will give each player a chance to become a success on and off the basketball court.

The camp will take place at Nazareth Area High School. The camp will operate from 9:00 a.m. – 2:00 p.m., Monday through Thursday. The gymnasium will open at 8:30 a.m. and close at 2:30 p.m. ***Pizza will be provided for lunch on Thursday, June 27.*** Water and Gatorade will be available for purchase.

Cost: \$100 ** Please make checks payable to Rich Bickert.

Each participant registering before June 1 will receive a camp T-shirt -- all other participants registering after June 1 will receive a camp T-shirt if supplies exist.

Mail Registration & Fee to:

Rich Bickert
Varsity Girl's Basketball Coach
209 Mt. Vernon Avenue
Nazareth, PA 18064
610-759-4850, home
610-703-8107, cell



Sample Schedule (Campers should arrive dressed to participate!)

8:30 - 9:00 a.m.	Open Gym
9:00 - 9:10 a.m.	Stretch & General Comments
9:10 - 10:00 a.m.	Fundamental Skill Stations
10:10 - 10:30 a.m.	Basketball cooperative games
10:30 - 11:00 a.m.	Team Drills-full court
11:00 - 11:30 a.m.	Scrimmage
11:30 - 12:00 p.m.	Lunch
12:00 - 12:30 p.m.	Individual Competitions
12:30 - 1:30 p.m.	Team Drills and Skill Development
12:30 - 1:30 p.m.	Games
1:30 - 1:45 p.m.	Contests
1:45- 2:00 p.m.	Wrap-Up: Review of the Day

Lady Blue Eagle
Basketball Camp

June 24-June 27

9 am-2 pm

Pizza provided for lunch
on June 27.

Contact Rich Bickert
610-759-4850
610-703-8107
for more information

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REGISTRATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Grade (as of September 1, 2019) _____ Age: _____

Playing Level (please circle): Beginner Intermediate Advanced

T-Shirt size (please circle): **Adult** S M L XL **Youth** S M L

Lady Blue Eagles Fundamental Basketball Camp Medical Waiver

It is necessary for all parents or guardians of participants in the camp to sign the following statement prior to participation.

I hereby certify that my child _____ is in good physical condition to participate in the Lady Blue Eagles Fundamental Basketball Camp. If medical attention is required for illness or injury while participating, I give my permission for such care and I certify that our family medical insurance program covers me. The Nazareth Area School District and the Camp Staff are not responsible for and will not provide payment of any medical, dental, hospital, or laboratory fees due to injury incurred due to my child's participation in the Camp.

Signature of Parent or Guardian

Date

Emergency Contact

Phone Number

Name of Medical Insurance Carrier

Policy or Group Number